

Beloit



delivering more than meals

# 2023

## Program Survey

A survey of Beloit's Meals On Wheels recipients was conducted with a 73% response rate.

Here is what we learned:

### Our Recipients Rely on Our Essential Service!



- ✓ **97%** of home delivered recipients **look forward to seeing the volunteer driver.**
- ✓ **87%** of home delivered recipients said they **feel more safe and secure when meals are delivered daily.**
- ✓ **82%** of home delivered recipients are at **high nutritional risk** when starting our program.
- ✓ **54%** of home delivered recipients said the **meal provided more than one half of their total daily intake!**

### Health & Chronic Conditions Improved And We Play a Key Role in Continuity of Care

- ✓ **97%** of home delivered recipients said the meals **helped them live independently in their home.**
- ✓ **95%** of home delivered recipients said the **meal program improved their quality of life.**
- ✓ **94%** of home delivered recipients said they **eat healthier and the meals helped maintain their overall health.**

# Safety Check and Socialization



**2 out of 5 recipients say,** on most days, the only person they see is the Meals On Wheels driver.

**97%** of home delivered recipients look forward to seeing the volunteer driver.

**78%** of home delivered recipients say, having a meal delivered in-person offers someone to talk to which equates to decreased loneliness and isolation.

**77%** of home delivered recipients say, having a meal delivered in-person helps them feel more connected in the community.

**57%** of home delivered recipients say, that they feel lonely and isolated some of the time. Our frequent "care calls" to recipients help combat social isolation and reduce feelings of loneliness.



# Home Delivered Recipients Value and Support the Program!



**98%** of home delivered recipients would recommend Meals On Wheels to a friend or family member.

**97%** of home delivered recipients rate the Meals On Wheels program as good to excellent.

**97%** of home delivered recipients live at extremely low to very low income levels.

**97%** of home delivered recipients feel the Meals On Wheels staff respond in a timely manner.

This program is highly valued so folks contribute despite no requirement to do so, which stretches every state, federal and local government dollar.



**3 OUT OF 5 SENIORS LIVE ALONE**

Please contact us to continue the conversation.

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