

Beloit



1534 Shore Drive
 Beloit WI 53511
 P. 608 362 3683
 beloitmealsonwheels.org

September 2023 - Cold Meal



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
8 oz. Low Fat Milk served with all lunches.				BOLOGNA, HAM, CHEESE SUB ROLL CELERY STICKS FRUIT JUICE
4	5	6	7	8
COLD LUNCH	SLICED HAM WHEAT BREAD COLESLAW SLICED APPLES	BAGEL W/ CREAM CHEESE BOILED EGG GRAPE JUICE FRESH FRUIT	EGG SALAD WHEAT BREAD CELERY STICKS FRUIT JUICE	TURKEY & SWISS WHEAT BREAD MACARONI SALAD FRESH FRUIT
11	12	13	14	15
RICE KRISPIES BOILED EGG ORANGE JUICE PEACHES	TURKEY & SWISS WH. WHEAT BREAD POTATO SALAD FRESH FRUIT	SALAMI & BOLOGNA WHEAT BREAD CELERY W/ DIP FRUIT JUICE	CHICKEN SALAD CROISSANT CUCUMBERS/RANCH FRESH FRUIT	MEATLOAF WHEAT BUN THREE BEAN SALAD FRUIT JUICE
18	19	20	21	22
HAM & CHEESE WHEAT BUN CARROTS W/DIP FRESH FRUIT	BOILED EGG BLUEBERRY MUFFIN APPLE JUICE DICED PEARS	SLICED TURKEY & HAM WHEAT BREAD POTATO SALAD FRESH FRUIT	BOLOGNA & CHEESE WHEAT BREAD CELERY/RANCH FRUIT JUICE	TUNA SALAD WHEAT BREAD GREEN BEAN SALAD FRESH FRUIT
25	26	27	28	29
PEANUT BUTTER & JELLY WHEAT BREAD CUCUMBERS/RANCH FRUIT JUICE	MEATLOAF WHEAT BUN MARINATED VEG. SALAD PINEAPPLE	BAGEL W/ CREAM CHEESE BOILED EGG GRAPE JUICE APRICOTS	HAM & CHEESE WHEAT BREAD PEA & CHEESE SALAD FRESH FRUIT	SLICED TURKEY WHEAT BUN CELERY STICKS FRESH FRUIT

MEAL CANCELLATIONS

Please call office by
10am the Day Before Meal Delivery
 and by **10am Thursday**
 to cancel **Weekend & Monday**
 Meal Delivery

WEEKEND FROZEN MEALS

include a clear complementary bag
 & delivered on Sat., Sunday & Holidays

Clients will need to follow
 microwave heating directions
 on package

**MENU IS SUBJECT
 TO CHANGE WITHOUT
 NOTICE**

**THERE ARE
 NO
 SUBSTITUTIONS**

